

## G. Pulla Reddy College of Pharmacy

Mehdipatnam, Hyderabad

Affiliated to Osmania University and Approved by PCI & AICTE Accredited By National Assessment and Accreditation Council (NAAC)









## International Yoga Day

G.Pulla Reddy College of Pharmacy, Hyderabad celebrated 8<sup>th</sup> International Yoga Day(Theme: YOGA FOR HUMANITY) on 21<sup>st</sup> June, 2022. The programme was initiated by Dr.B.Madhava Reddy, Principal, briefing about importance of yoga in daily life and introduced the yoga instructor Mr.Susheel Jain, yoga teacher, Hyderabad. He spoke about "YOGA FOR HUMANITY and instructed yogasanas and breathing techniques. Various Yogasanas were performed by all the participants. About 200 students and teaching staff members actively participated in yoga day celebration.

